



AnB Fall 2022 J-1 Student Orientation

Take Advantage of AnB Education Student Orientation!

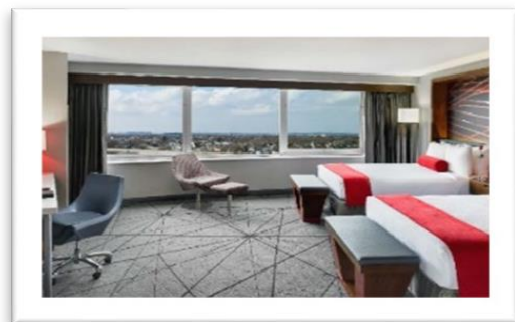
J-1 exchange student success at AnB Education begins with the arrival orientation! Our orientation is designed to help you:

- Adjust to academic and social life at your high school.
- Comply with government and AnB regulations that pertain to your stay in the US.
- Learn about resources and support services.
- Become comfortable with the local community and US culture.
- Meet new friends from around the world!

Attendance at AnB J1 Student Orientation is **required** for all new exchange students.

Date: 8/19/22 - 8/21/22

Location: Crowne Plaza JFK Airport Hotel in NY, 138-10 135th Avenue, Jamaica 11436










8/19/21 Day 1

Time	Agenda
12:00-5:00pm	JFK Airport Pickup, Hotel Check-in: 2-3 Students per Room
5:00-5:30pm	Settle in
5:30-6:30pm	Dinner (Meeting Room): Buffet Dinner
6:30-9:30pm	<p>Orientation (Meeting Room)</p> <ol style="list-style-type: none">1. Welcoming ceremony and interactive activities<ol style="list-style-type: none">a) Welcome AnB Education students and self-introductionsb) Ice-breaker gamec) Activity2. Student Orientation presentation<ol style="list-style-type: none">a) Introduction to AnB Educationb) American Life<ul style="list-style-type: none">• How to build a good relationship with your host family<ul style="list-style-type: none">○ Keys to success with your host family○ Communication with your host family• Important documents<ul style="list-style-type: none">○ Finance and insurance policy• AnB rules and guidelines



8/20/22 Day 2

Time	Agenda
7:00am-8:00am	Breakfast: Deluxe Breakfast Box
8:00 am – 12:00 pm	Statue of Liberty Ferry, the Observation deck of One World Trade Center  
12:00pm-1:00pm	Lunch: Provided by the travel agency
1:00pm-5:00pm	One World Building, Times Square, Wallstreet, the statue of a bull, Ground Zero, Washington square, UN -outside, central park, Rockefeller center square, etc.)   
5:00-6:00pm	Dinner: Students get to enjoy dinner in New York!
6:00pm-6:30pm	Back to hotel
6:30-9:30pm	Orientation (Meeting room) 1. Academic Life <ul style="list-style-type: none"> • How to thrive at school <ul style="list-style-type: none"> ○ Keys to success at school ○ Expectations for international students 2. Stress Management <ul style="list-style-type: none"> • Discussion about the causes of stress and how to overcome stress • Introduction of help line 3. Q&A



8/21/22 Day 3

Time	Agenda
7:00am-9:00am	Breakfast (Deluxe Breakfast Box) and checkout
9:00am-12:00pm	Picture time, JFK Airport Departures  

*Event may be subject to change or cancellation due to Covid concerns.