




CONWELL-EGAN RESIDENCE HALL

MARCH NEWSLETTER



*"May your troubles be less
and your blessings be more
And nothing but happiness
come through your door"*



King of Prussia



King of Prussia Mall is one of the the largest shopping malls in the United States. More than 450 shops, boutiques, and restaurants are located in the mall. Since it takes only 40 minutes to get there from the dormitory, King of Prussia Mall is a great place for students to visit and enjoy shopping on weekends. The students had free time to look around and buy stuff they want. They also had delicious burgers and fries from Shake Shack, which is one of the most popular restaurants in the mall.

Westfield Garden State Plaza

The students went to Westfield Garden State Plaza Mall during Easter break. The mall is located in Westfield, NJ. There are 206 stores in the shopping mall and there are many places to eat in. The shopping mall was so big that students couldn't even go around the whole shopping mall. After shopping, the students went to BCD Tofu in Fort Lee, New Jersey. The students all had a delicious meal and had fun shopping.



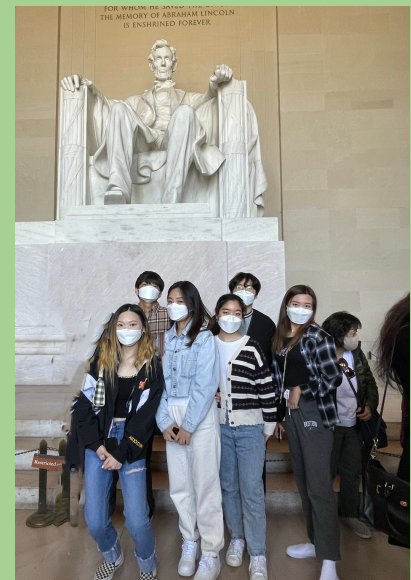
Washington, D.C.



Washington D.C. is the U.S. capital and includes the iconic ones that are the federal government's 3 branches: the Capitol, White House and Supreme Court. The dorm students visited Georgetown University. Georgetown University is the oldest Catholic-founded school in the U.S. Though it is not an Ivy League school, it is ranked the 23rd best colleges in the U.S. The school offers what a student puts into their education and experience and the alumni are extremely helpful and are willing to always help regarding jobs and counseling. The school is known for social sciences, business, and multi/interdisciplinary studies.



The students also visited George Washington University. The campus is located closer to the White House and the Capitol building than Georgetown University is. The best thing about this school is the access to internships and career opportunities that comes with living in Washington D.C. Students have the opportunity to develop the best resumes during college and are in the most prime location for political activism if interested in politics. The school is also known for Business, Journalism, and Social sciences.



Guest Speaker

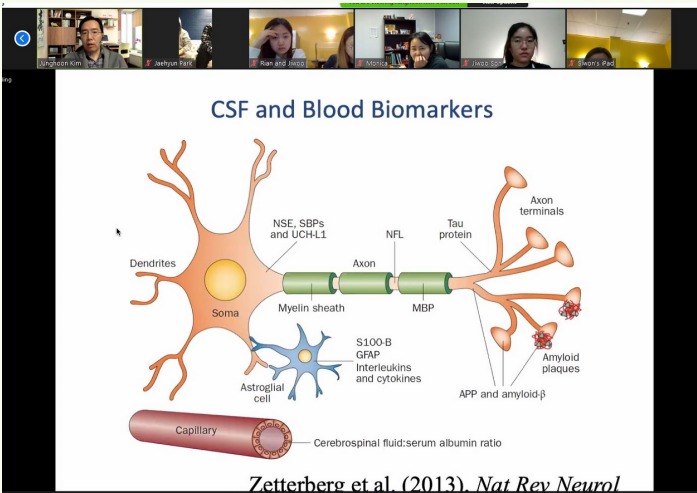
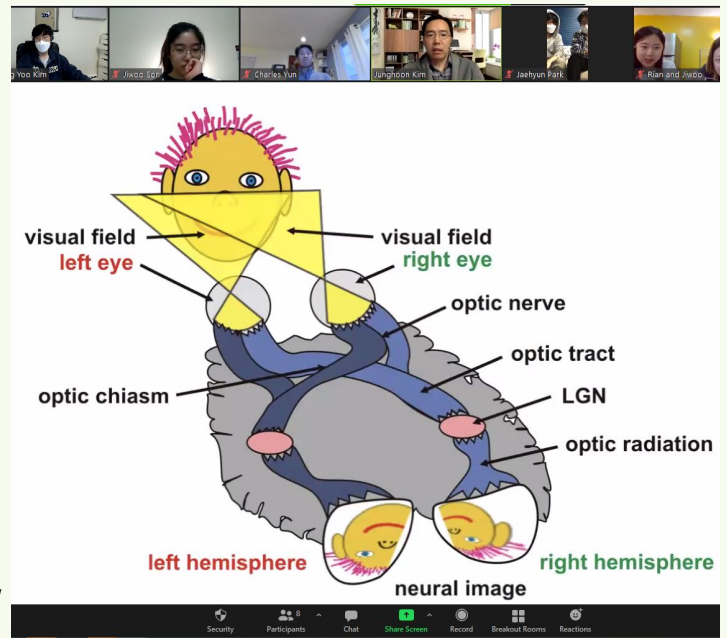
Dr. John Junghoon Kim



Conwell-Egan dorm students had a virtual meeting with their first guest speaker, Dr. John Junghoon Kim. Dr. John Junghoon Kim is an Assistant Professor and Director of Clinical Neuroimaging Lab in The City College of New York, NY.

The dorm students first attended a brief lecture about "How the Brain Works and Breaks Down" and then had some time to ask questions about the brain.

Throughout the lecture, the students learned the comprehensive functions and characteristics of the human brain. They also learned about the different types of brain dysfunctions including the Traumatic Brain Injury (TBI), which is a type of brain damage usually results from a violent blow or jolt to head or body.



After that, they solved their curiosities about the human brain by asking questions. They also got to know about the different college majors concerning the human brain and had a discussion of current issues related to the brain in order to broaden their perspective about the field.

Sports & Club Activities

Conwell-Egan Catholic school offers various extracurricular activities related to music and sports. The dorm students participate in sports and club activities, such as cheerleading and lacrosse.



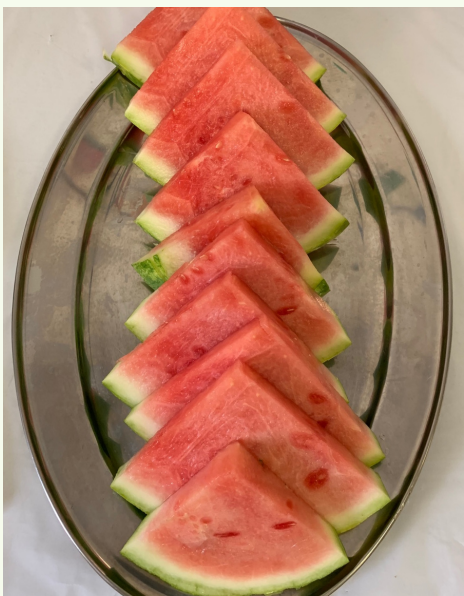
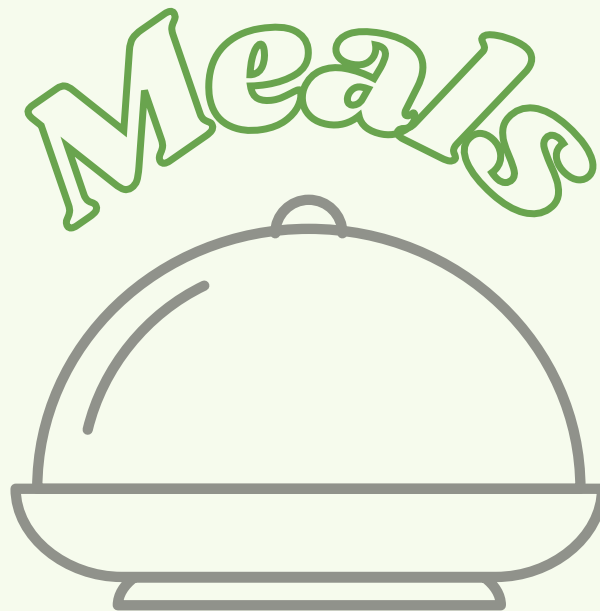
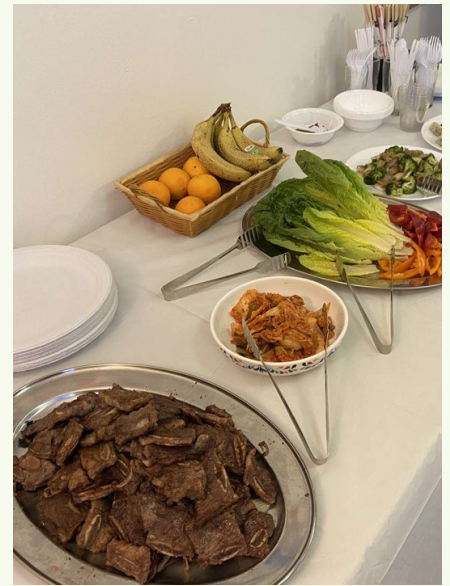
Cheerleading

Cheerleaders bring school spirit into sports events such as football and basketball. They usually have practices after school, which involves learning various techniques including stunts and dances. Cheerleading offers a great opportunity for students to improve cooperation and learn teamwork.

Lacrosse

Lacrosse is a team sport where players try to get a rubber ball into a net. Each player uses a long stick with a net attached on the head to carry, catch, shoot and pass the ball. Dorm students learn teamwork by playing and practicing with their teammates. Also, lacrosse is a great sport for students who want to build physical health; it encourages students to exercise regularly by practicing on a daily basis.





Photos of the month





STAY TUNED!

April Newsletter Coming Soon...



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